## Are You Coachable?

## How bad do you Really Want to Win?

Are you willing to Make Personal Sacrifices to Win a Championship?

## **THOUGHTS** by the PROS on Being COACHED:

"If you don't like discipline, it's really simple, Just do what you're told, exactly how you're told."

• Shaquille O'Neal, NBA World Champion

"I could never understand why some of my teammates got mad when a coach got on them. He was only trying to make them a better player.

That's what a coach is supposed to do, work to make his players better!"

• Michael Jordan, NBA World Champion

"You can easily separate the 'Team Guys' from the 'Me Guys' simply by how they accept coaching.

The guys that fight it, they are worried only about how they feel.

The guys that accept it are worried only about winning.

It's that simple!"

• Bill Parcells, NFL Superbowl Champion Coach

"At first all of his yelling was tough to take.

I mean you look at this little guy, who you could beat up so easily, and wonder what is going on. You have to finally understand not to listen to how he says it, but what he says.

Once I did that, I could handle it. After all, you don't have to be the smartest guys to figure out he is on you because he cares about you and your development as a player and a person."

• Tony Rice, NCAA Champion Quarterback – Notre Dame Referring to Head Coach Lou Holtz

"I am a teacher. That's all I am. I want to be surrounded by people who care about each other, who want to work and sacrifice together for the good of the team.

People who have the capacity to learn, who want to learn, who can dream, and are willing to work to make their dreams come true!"

• Lou Holtz, National Championship Coach