

# **A Lifetime of Observations and Reflections On and Off the Court**

## **John Wooden**

- 1) Why is it so hard for so many people to realize that winners are usually the ones who work harder, work longer, and as a result, perform better?**
- 2) Why are there so many who want to build up the weak by tearing down the strong?**
- 3) Why is it that so many nonattainers are quick to criticize, question, and belittle the attainers?**
- 4) Why is it so hard for us to understand that we cannot antagonize and positively influence at the same time?**
- 5) Why is it so much easier to complain about the things we do not have than to make the most of and appreciate the things we do have?**



*“Try your hardest in all ways and you are a success. Period. Do less than that and you have failed to one degree or another.”*

**– Coach John Wooden**