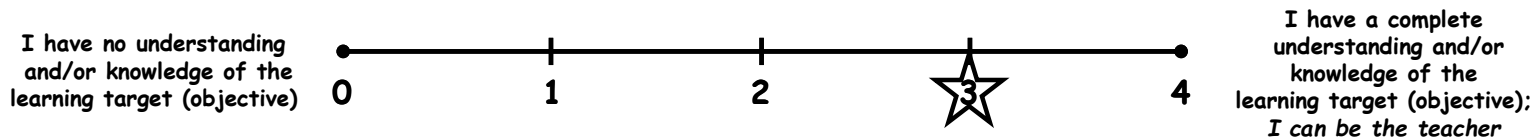


Name: _____

Section: _____

Self-Assessment - Motion

Directions: Consider each of the following learning targets (objectives) and use the rating scale below to rate yourself based on how well you think you understand or can explain the learning target.



Learning Target (Objective)	Pre-Lesson Rating	Post-Lesson Rating
1. Explain the relationship between position and motion		
2. Compare and contrast speed and velocity		
3. Explain how velocity is an example of a vector		
4. Describe the relationship between velocity and acceleration		
5. Describe the relationship between velocity and momentum		
6. Interpret and create various graphs dealing with distance or velocity and time		

