

## 36 OBSERVATIONS ON GOOD TEAMMATES

1. Don't take people who look for "what's in it for me?"
2. Don't let your teammates down.
3. Your actions affect others.
4. You're having a bad game but the team is playing well. Going into the locker room after a win and seeing a long face. Be big enough and strong enough and committed to the team to get outside yourself. We win and lose as a team.
5. No person is more important than the team.
6. Positive body language and team first.
7. Must believe in each other.
8. Do you want equal minutes or do you want us to play who's playing the best?
9. We have 5 people to get us off to a great start, but we have 12 people who can make us a championship program.
10. As a leader, it's time to give.
11. You get your feelings hurt when you focus on yourself.
12. Trust the staff and respect the program.
13. Teamwork isn't natural.
14. Compete for the team and our school.
15. Together we are a powerful group.
16. In a team game it only takes one person to mess up the flow.
17. Get outside yourself.
18. Teamwork has to be tended to daily.
19. Why would you choose to be part of a team and not give a great effort? If you are going to play a team sport, you can never not give effort because you cheat yourself and your team.
20. If enough people on the team care, you'll find a way to be successful. Not because of talent but attitude. People with the right attitude won't be discouraged when adversity comes.
21. The team becomes better when someone steps forward instead of saying not me.
22. You want the team to be INCLUSIVE, not exclusive.
23. Both feet—head—heart committed to the team and program.
24. Loyalty to those who depend on you.
25. Players must understand roles and accept them to take on concept of team attitude.
26. Can't take substitution pattern personally.
27. We need each other badly.
28. You reach the highest levels with the closest teams.
29. Don't need incentives to keep them together.
30. If it is you or the program, that decision was made a long time ago.
31. You can build strength—quality and unity through teamwork.
32. You represent more than yourself.
33. We want completely unselfish players: What would the team be like if everyone had my attitude?
34. We want to spend time with unselfish people.
35. If you are totally committed to a team's interests you will be so good and it will be so much fun.
36. Be there for each other.